



BASEBALL NEWFOUNDLAND AND LABRADOR

2025 FEMALE CANADA GAMES PROGRAM FINAL TRYOUT INFORMATION

“Female Baseball will make its debut at the 2025 Canada Summer Games...”

Baseball NL and the 2025 Female Canada Games coaching staff are pleased to announce the final tryout information for the 2025 Canada Games team. This tryout is open to female athletes born 2009 – 2011. Additionally, athletes born in 2008 are eligible to try out for one of the possible three (3) overage roster spots. All interested players 2008 – 2011 must register in advance to attend.

From these final tryouts, up to ~24 athletes will be selected which will serve as the final Canada Games Training Pool. Final team selection will be determined in the Spring of 2025 at the discretion of the coaching staff. For more information on selection criteria, please refer to the [Female Team Selection Criteria](#) document

Program Information

Baseball Newfoundland & Labrador's Female Canada Games Program is entering its third phase of preparation prior to selecting its final 16-person roster (plus alternates) leading up to the Canada Games, hosted in St. John's, Newfoundland, August 18 – 24, 2025.

Given the high expectations of the program and Canada Games, there are commitments required to participate in the program.

- Athletes must attend one of the following days over the two identified tryouts weekends.
- Athletes must be able to commit to weekly training and travel requirements.
 - Weekly training schedules and requirements will vary based on geography.

1. September 20 – 22, 2024: Open Tryouts

The central and western final evaluation weekend will take place from September 20th – 22nd in Grand Falls Windsor and Corner Brook. Details are below:

- Saturday, September 21st
 - 9:30 am – 11:30 am at Jubilee Field
 - 1:00 pm – 3:00 pm at Jubilee Field
- Sunday, September 22nd
 - 9:30 – 11:30 am at Goodyear Avenue complex
 - 1:00 – 3:00 pm at Goodyear Avenue complex



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2. **October 4 - 6, 2024: Open Tryouts**

The eastern final evaluation weekend will take place from October 4th – 6th in the St. John's-Metro area. Details are below:

- Saturday, October 5th
 - 9:30 am – 11:30 am (TBD)
 - 1:00 pm – 3:00 pm (TBD)
- Sunday, October 6th
 - 9:30 – 11:30 am (TBD)
 - 1:00 – 3:00 PM (TBD)

Note session times and locations may be adjusted based on the number of athletes registered, weather, or other considerations. Alternate indoor facilities will be identified as needed.

Once Registration has closed, the athletes will be grouped, and the finalized detailed schedule will be communicated to all participants.

3. **November 2024 – February 2025**

- Weekly Skill Development, Strength & Conditioning and Mental Performance Training
 - More details to be confirmed

4. **March 2025 – May 2025**

- Continued Weekly Skill Development, Strength & Conditioning and Mental Performance Training
 - More details to be confirmed
- Potential “Spring Training” trip consisting of a training camp, exhibition games and/or a competitive tournament

5. **June 2025 – August 2025**

- 15U AAA/AA Metro League consisting of one or two games per week depending on the week
- **June 2025:** Pre-Canada Games Tournament & Training Camp (tentatively scheduled for Gatineau, QC June 27 – 29)
- **July 2025:** Pre-Canada Games Tournament & Training Camp (tentatively scheduled for Summerside, PEI July 11 – 13)
- **August 2025:** Pre-Canada Games Training Camp
- **August 18 – 24, 2025:** Canada Games



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Important Registration Information

- Tryout Fee - \$100
- Registration for the central and western weekend must be completed by **Thursday September 19th**.
- Registration for the eastern weekend must be completed by **Thursday September 26th**.
- Exemptions for tryout attendance are reserved for athletes who are injured or away at school. Exemption requests will be reviewed on a case-by-case basis.
 - All athletes, including those seeking exemptions, will be required to register and pay the tryout fee. If you are unable to participate, we will review previous Baseball NL/Canada Games Tryout Data as well as take prior individual experience and performances into consideration (National, Atlantic, Provincial, etc.).
- The registration portal can be found [HERE](#).
 - For those with existing RAMP accounts, sign in using your login information and follow the registration process.
 - For those without existing RAMP accounts, create your account and then sign in using your login information and follow the registration process.

We look forward to seeing everyone at the final tryouts on September 20 – 22 and October 4 – 6 as we continue with our preparations for 2025, right here at home, in St. John's, NL!

Sincerely,

2025 Female Canada Games Coaching Staff

Mark Healy – Head Coach

Kristyn Coley – Assistant Coach

Troy Croft – Assistant Coach

Michelle Healy – Team Manager