



# BASEBALL NEWFOUNDLAND AND LABRADOR

## **2025 – 2026 BASEBALL NL HIGH PERFORMANCE PROGRAM** **TRYOUT WEEKEND INFORMATION**

Tryout weekends for the 2025 – 2026 Baseball NL High Performance Program are fast approaching and registration is now open!

**Eastern Region tryouts** will take place in the St. John's-Metro area **October 17<sup>th</sup> – 19<sup>th</sup>, 2025**, with **Western Region tryouts** taking place in the Corner Brook area **October 24<sup>th</sup> – 26<sup>th</sup>, 2025**. Both tryout weekends will be for all Baseball NL Programs:

- 13U (Development and Provincial)
- 14U Girls (two teams – Black and Burgundy)
- 15U (Development and Provincial)
- 16U Girls (Development and Provincial)
- 17U
- 18U
- 19U Women

An exact schedule for each weekend is being finalized and will be communicated closer to the beginning of each weekend

### **Tryout Weekend Notes**

- Eastern region players can try out at Western region tryouts, and vice versa, if they have a conflict on the tryout weekend in their region.
- Central Region players will be able to participate in either the Eastern Region tryouts OR the Western Region tryouts. Central Region players **do not** have to attend both weekends. They can attend whichever weekend they would prefer.
- The expectation of all athletes is they will be in full attendance at their assigned sessions throughout the entire tryout weekend.

### **Tryout Weekend Exemptions**

- Tryout weekend exemptions will only be granted to players who are **injured** or **out-of-province attending school**.
- Players who have conflicts on a particular weekend with other activities or cannot attend a particular session on a weekend (once exact schedules are released) will not be granted an exemption.
  - **Reminder – any player can attend any tryout weekend if necessary.**
- Any player requesting an exemption must register and pay the tryout fee to indicate their interest in the High-Performance Program.
- Any player requesting an exemption MUST complete the [2025-2026 Baseball NL High Performance Program Tryouts – Exemption Request Form](#)



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**Players that are interested in representing the province on a Provincial team next summer must register for the High-Performance Program.** After the initial tryout weekends in October, there will be additional weekends of training in Eastern and Western regions. More information on a schedule will be released prior to the announcement of training pools for the 2025 – 2026 program.

If players are selected to the training pool after the first tryout weekend, they are expected to participate in High Performance Program programming as much as possible. Baseball NL does understand there are other activities and/or conflicts, but it is the expectation of all athletes to be as full participants as possible if selected for the 2025 – 2026 program. These dates will be announced before the program begins.

- **For Male players** - any player born from **2007 - 2014** is eligible to try out for the program
  - **Players born in 2007 are overage players for the 18U Provincial Team**
- **For Female players** - any player born from **2006 - 2014** is eligible to try out for the program
  - **Players born in 2006 are overage players for the 19U Women's Team**

Please contact [baseballnl@sportnl.ca](mailto:baseballnl@sportnl.ca) if you have any questions.

## [REGISTRATION PORTAL](#)

Registration will close on **Friday, October 10<sup>th</sup>, 2025.**